

WHEN MY CHAMELEON IS GREEN, I FEEL HAPPY AND I MAY SMILE. I CAN HAVE FUN AND PARTICIPATE TO STAY FEELING HAPPY.

WHEN MY CHAMELEON IS Y@LLOW, I
FEEL NERVOUS AND I MAY WIGGLE. I
CAN ASK TO TAKE A BREAK TO FEEL
BETTER.

WHEN MY CHAMELEON IS TOO,
I FEEL ANGRY AND I MAY LOSE
CONTROL. I CAN TAKE DEEP
BREATHS TO FEEL BETTER.