

GROWTH MINDSET

Write about how you can show a growth mindset with your friendships.

Discuss with your partner and come up with 3 positive self-talk mantras you could use to cultivate a growth mindset.

1.

2.

3.

GROWTH MINDSET

Write about how you can show a growth mindset with your academics.

Discuss with your partner and come up with 3 positive self-talk mantras you could use to cultivate a growth mindset.

1.

2.

3.

GROWTH MINDSET

Write about how you can show a growth mindset with your non-academic activities.

Discuss with your partner and come up with 3 positive self-talk mantras you could use to cultivate a growth mindset.

1.

2.

3.